

Gastroenterology
and Hepatology

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There has been a nationwide recall of Magnesium Citrate bottles manufactured by Vi-Jon, LLC. Their product is sold under a variety of store brands and thus the product is widely unavailable.

An alternative to Magnesium Citrate is Dulcolax, which is also available over the counter. A typical box is pictured on the right, but feel purchase “store brand” bisacodyl 5mg tablet.

Instead of taking the bottle of Magnesium Citrate, take four Dulcolax tablets at the same time.

The tablets generally lead to additional bowel movements.

Occasionally, cramping may occur, but it is generally mild and resolves once bowel movements begin.

